

EMERGENCY FIRST AID FOR APPOINTED PERSONS (FA1)

A One day Workshop, introducing basic First Aid techniques.

Workshop Summary

This one-day Workshop covers basic First Aid techniques including resuscitation, bandaging, recovering position and emergency procedures. It is ideal for smaller workplaces that present few health and safety risks where a nominated person is required to take charge in the event of illness or accident. Fully qualified First Aiders in larger or high risk workplaces will also benefit from the additional support provided by an Appointed Person. There is continuous assessment by the trainer.

Who Should Attend

Those who are nominated persons or who provide support to qualified First Aiders.

Benefits to You and Your Organisation

By the end of the Workshop, participants will be able to:

- Understand the relevant regulations
- Deal with accidents and illness, including calling an ambulance if required.
- Use a First Aid kit
- Undertake simple record keeping

This Workshop is offered in partnership with an HSE approved training provider.

Workshop Contents

- Common workplace injuries
- Insight into Health and Safety (First Aid) Regulations
- Managing an Incident
- Priorities of First Aid
- Resuscitation
- Blood Loss
- Treatment of an unconscious Casualty
- Treatment of Shock
- Treatment of Heart Attack
- Record keeping
- Assessment

Follow Up Workshops

Four-Day First Aid at Work (FA2); First Aid at Work Requalification (FA3); Automated External Defibrillation and Cardio Pulmonary resuscitation (FA4)

Consultancy Services

Risk Assessment; Risk Management; Audits; Office Inspections; COSHH Assessments; Occupational Hygiene Services; Documentation Reviews, Training Needs Analysis

Any of our Workshops can be delivered In-Company. Contact us for more details.

Dates: On Application

Fee: On Application

'Please note the above Workshop requires minimum attendance numbers'

