

## FOUR DAY FIRST AID AT WORK CERTIFICATE (FA2)

A Four- Day Workshop for nominated First Aid persons.

### Workshop Summary

All employers in the UK have a legal obligation to make First Aid provision for their employees. This four day Workshop complies with the current Health and Safety (First Aid) Regulations 1981. Three and a half days of the Workshop are devoted to instruction and practical work, with an assessment on the afternoon of the fourth day. Successful candidates receive a certificate valid for three years.

### Who Should Attend

Those who are to be a nominated First Aider in the workplace or want a comprehensive introduction to First Aid.

### Benefits to You and Your Organisation

By the end of the Workshop, participants will be able to :

- Deal with any First Aid emergency with confidence.

This Workshop is offered in partnership with an HSE approved training provider.

### Workshop Contents

- Dealing with accidents and illness
- Keeping simple records
- Using a First Aid kit
- Resuscitation
- Treatment of an unconscious casualty
- Choking
- Treatment of heart attack
- Control of bleeding
- Burns and scalds
- Poisoning
- Fractures
- Treatment for shock
- Assessment

### Follow Up Workshops

Emergency First Aid for Appointed Persons (FA1); First Aid at Work Requalification (FA3); Automated External Defibrillation and Cardio Pulmonary resuscitation (FA4)

### Consultancy Services

Risk Assessment; Risk Management; Audits; Office Inspections; COSHH Assessments; Occupational Hygiene Services; Documentation Reviews, Training Needs Analysis

*Any of our Workshops can be delivered In-Company.  
Contact us for more details.*

**Dates:** On Application

**Fee:** On Application

'Please note the above Workshop requires minimum attendance numbers'

